Shivaprasad Kumarswamy

TRE India Lead |www.treinindia.com
+91-9731-167249 | shivaprasad@treinindia.com

- Global TRE Certification Trainer
- Advanced TRE Provider
- Global TRE Provider
- Corporate Trainer
- Outbound Experiential Learning Trainer
- Creative Art Based Trainer & Facilitator
- Gender Equity and Reconciliation Facilitator
- GERI Trainer
- Master Trainer & Facilitator

INTERNATIONAL AFFILIATIONS :

- Satyana Institute (GERI) USA
- TRE LLC
- ICF
- PYE, USA

CERTIFICATIONS :

- Associate Certified Coach - ICF
- Grow More Associate Coach
- Advanced TRE training
- Global Certified TRE Provider
- Master Trainer & Facilitator
- Certified Professional Behavioural Analyst
- Gender Equity and Reconciliation Facilitator
- NLP Master Practitioner
- Licensed Emotional Fitness Gym® Trainer
- BLHP, ISABS
- Creative Facilitation CF1 PYE
- Bibliographical Story Telling
- Movement Therapy
- Body Musicality workshop
- TA101, from ITAA USA
- Creative Graphic Facilitation
- Physiognomy from face reading institute
- Sociocracy: Collaborative Governance
- Play for Peace® training

SCHOLASTICS :

- Diploma in Neuropsychology UK
- Diploma in Training & Development
  ISTD, New Delhi
- Post Graduate Diploma in Human Resources
  Management, Pondicherry University
- M.B.A

BUSINESS VERTICALS:

- TRE India www.treinindia.com
- Ensoma Neuro-somatic Health & Wellness Studio

My mission is support people to create a positive change through meaningful learning engagements, I support people to reconnect with the body, to heal, to transform and live life to the fullest potential.

As a Ex L&OD Leader in IT (Product/Services) I have contributed to people development for over 20+ years. I facilitate meaningful learning experiences for individuals, teams, and organizations.

As a Global Learning & OD Professional. I have trained thousands of professionals from freshers to senior business leaders across cross functional teams in global geographies (UK, USA, APAC & EMEA)

Certified TRE Provider, Advanced TRE Provider, and Global Certification TRE Trainer (Certified by Dr. David Berceli / TRE LLC)

Shivaprasad was a mentor for new provider trainees in Asia region. He supports people to create a positive change in health and well-being, coach people to learn and practice TRE to improve optimal performance in all areas of life.

Shivaprasad has trained & coached clients in India, U.A.E, S.E Asia, U.S.A, as a TRE Practitioner he has logged in 2000+ hours of personal and TRE coaching hours. Some of his clients include Software Engineers, Mid Level Managers, Senior Leaders, Directors, CEO's, doctors, monk, yoga teacher, sports player, teachers, house makers, entrepreneurs, students.

I believe professionals as neuro-psycho social biological human beings, but conventional methods/programs often only work with the part of the equation

I have been practicing ontology, physiognomy, micro expressions, affective neuroscience, neuropsychology, body oriented neurophysiology, neuro somatic body work, mindfulness, movement therapy, cognitive behavioural therapy, body mapping, Holotrophic breathwork, body musicality, embodiment practices, creative art based facilitation, gender equity and reconciliation, healing, resilience coaching, NLP with many of my clients to add value to their life

<u>Continuing Education Credit:</u>

- Advanced TRE Provider training by Dr David Berceli creator of Tension & Trauma Releasing Exercises CEO Trauma Prevention, TRE LLC USA

- Neurobiology of relationships a map for affective regulation polyvagal theory by Dr Stephen W Porges